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## Chalk Talk: Middle School

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*In order to reinforce the lesson and put TrueSport into action, complete the following Chalk Talk with your athletes.*

### Instructions

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*A common phrase is "There is no "I" in TEAM." Ask athletes to reflect on these words and explain what they mean to them in their respective sport before answering these questions.*

#### *Suggested Questions:*

1. Is every sport a team sport? Why or why not?
2. What are sports where teamwork is especially important for success?
3. What are some signs that a team has good chemistry?
4. Is it possible for a team to have excellent teamwork and still not reach its potential?
5. Is it possible for a team to not work well together and still win championships?



## Chalk Talk: High School

*In order to reinforce the lesson and put TrueSport into action, complete the following Chalk Talk with your athletes.*

### Instructions

*After discussing the questions in Chalk Talk I, spend time comparing the teamwork images below and discuss how they are both similar and different.*

*Suggested Questions:*

1. How are these images different?
2. How are these images similar?
3. Of the two, which one do you prefer? Why?



Image 1



Image 2

Image 1



Image 2

