



Leadership

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Chalk Talk

In order to reinforce the lesson and put TrueSport into action, do the following Chalk Talk with your athletes.

Instructions

Ask your group for examples and stories of effective and positive leadership. These examples could be from a coach, teacher, parent, teammate, or someone else (they can keep the stories anonymous if necessary). After each story, ask, “What was it that made that person such an effective leader?” Make a list of the positive leadership characteristics on a white board.

Next, ask for stories or examples of negative leadership. Again, these could be from any aspect of their lives and this time they should remain anonymous. After each story, ask, “What was it that made that such a negative experience?” Make a list of negative leadership characteristics next to the positive ones.

Suggested Questions:

- 1. What characteristics seem most prevalent in positive leadership?*
- 2. What characteristics seem most prevalent in negative leadership?*
- 3. Can negative leaders be effective? Do you want to follow them?*
- 4. What qualities do you want to show when you’re playing your sport and interacting with your team?*
- 5. How do different styles of leadership affect your experience on a team?*