

Bullying Prevention



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Test Your Knowledge: Facts & Myths About Bullying

Make copies of the Test Your Knowledge: Facts and Myths About Bullying PDF handout and distribute copies to the athletes. Have them complete it, then review it as a group.

Answer Key

- 1. True:** *In a recent survey, 13% admit to bullying, 11% admit to being bullied, and 6% have been bullied and also bully others.*
- 2. False:** *About 50% of athletes on sports teams are targets of bullying.*
- 3. False:** *Students targeted by bullies sometimes avoid school or have trouble concentrating. They can also develop depression and anxiety.*
- 4. False:** *Studies show that most bullies have high confidence and self-esteem.*
- 5. False:** *Male bullies are usually bigger and stronger than their victims.*
- 6. True:** *Witnessing an act of bullying has negative consequences even if you are not directly involved.*
- 7. False:** *Bullies seem to make friends easily, particularly with other students who are aggressive and may join them in bullying.*
- 8. True:** *Behaviors associated with bullying include impulsiveness, disliking school, and getting in trouble often.*
- 9. False:** *60% of bullies will go on to have at least one adult criminal conviction.*
- 10. True:** *Studies show that 86% of LGBT students have experienced harassment at school.*

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Read the statement completely and determine if the statement is true or false.
Correctly mark "T" for a true statement and "F" for a false statement.

Question 1

t f Nearly one-third of American teens are involved in bullying, either as a bully or a victim.

Question 2

t f Students who are bullies usually participate in class and have good attendance.

Question 3

t f Most students who bully are insecure.

Question 4

t f Male bullies are usually not bigger and physically stronger than their peers.

Question 5

t f Bystanders often end friendships with the victim and feel guilty for not reporting the incident.

Question 6

t f Bullies have trouble making friends.

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Question 7

t f *Bullies do poorly in school compared to students who do not bully.*

Question 8

t f *Most bullies discontinue aggressive behavior when they become adults.*

Question 9

t f *Eight of out ten LGBT students have been bullied.*

Question 10

t f *More than half of the bystanders who witness bullying end up offering help.*

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Statistics courtesy of tolerance.org.