



Accountability



Chalk Talk

In order to reinforce the lesson and put TrueSport into action, do the following Chalk Talk with your athletes.

Instructions

Lead a discussion with your athletes about the importance of being accountable in all aspects of their lives.

1. What are some ways you are accountable to your teammates?
2. What are some ways you are accountable to your coaches?
3. What are some ways you are accountable to yourself, on and off the field?
4. Do you agree that doing the right thing isn't always easy?